



Saunas

A Sauna is a bathhouse or room, usually made of wood, which uses dry heat to induce perspiration, with steam being produced by pouring water on heated stones. Perspiration or sweating is one of the main ways our bodies get rid of the traces of hundreds of toxins that accumulate inside us from pesticides, drugs and manmade chemicals. 15 minutes in a Jaquar sauna can help us sweat as much as we might otherwise do over an entire day or more. And the benefits of this aid in many medical conditions.

Why Jaquar Saunas?

Detoxification

Saunas stimulate the body to release fat-soluble toxins, heavy metals, and other toxic chemicals in sweat via pores more effectively than any other form of heat therapy or exercise. Reports have shown that it can relieve the symptoms of drug-induced lupus. The list of chemicals claimed to be removed from the body includes: mercury, lead, copper, cadmium, manganese, sodium, chloride, arsenic, nickel, benzenes, street drugs, prescription drugs, anaesthetics, cholesterol, urea, nicotine, sulfuric acid.

Immune System Enhancement

A typical sauna session will cause a brief 1 to 3 degree F increase in body temperature. Fever is the body's defence against bacteria, microbes and consequent infection. The production of white blood cells by the bone marrow and killer T cells by the thymus results in boosting immunity, overall.

Stress Relief

Continuous strain on the autonomic nervous system leads to a high level of stress, one of the elusive causes of many chronic diseases.

Pain Relief and Control

It helps in relieving muscular pain, cardivascular and other skin conditions

Skin Cleaning and Rejuvenation

Saunas open clogged pores allowing for removal of dirt, oil, and makeup. In addition, there are improvements in skin problems such as acne, rashes, burns, eczema and psoriasis. Scars, even keloids, may be gradually softened.

Saunas

Kubix 1750 x 1200 x 2100 mm



JSA-NAW-T16120 Rs. 4,10,000

Specifications



Thermometer

Chromotherapy





Stove heater 2 Pcs. 4.5 kW with frame S shape Backrest

(E





 \ast

Bluetooth music system

Serene 1750 x 1200 x 2100 mm (3-4 Person)

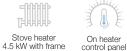


JSA-NAW-S004175 Rs. 3,30,000

Specifications



hemlock





White light with cover





Bluetooth music system









Sandglass timer

s sl

Sandglass Timer Blue

Solo 900 x 1050 x 1900 mm



JSA-NAW-DLX9011 Rs. 2,60,000 Specifications



comfortable backrest





Built-in temperature Sensor

Music Centre-radio bluetooth, usb, aux



NEW



JSA-NAW-MD3150IH Rs. 2,75,000

Specifications



Wood finish hemlock

Tempered glass

Bluetooth music system

Comfortable seat



Chromotherapy

Aromatic oil container

coil C

Carbon Pad

